Assistant Professor of Landscape Architecture at the Harvard Graduate School of Design where she teaches graduate core studios in design and research seminars.

Benedito received a degree in Music and Architecture from Coimbra's Conservatory of Music and Coimbra University respectively, before earning a post-professional degree in Urban Design from the Harvard Graduate School of Design. She worked as a Senior Associate at James Corner Field Operations where she led many public and private urban design projects and small-scale public places.

In 2008, Benedito started her practice in New York with Alexander Häusler called OFICINAA. As an award-winning firm focused on detail and strategy, culture and sustainable environments, OFICINAA has won several awards and mentions in multiple competitions: First prize for Europan 9 (2008), Honorable Mention for Berlin's Freedom and Unity Memorial in the non-built projects Architizer competition (2009), First Prize for Europan 10 (2010), Short-listed for the Olympic Village Master Plan competition for Munich's 2018 Olympic Winter Games Bid (2010), First prize for the Ingobräu Master Plan and Housing Development competition (2011) and Finalist for the Europan 11 (2012).

Throughout her career, Benedito has received numerous prizes and fellowships such as the Luso-American fellowship, the Gulbenkian Foundation prize, the Research Grant from the Sciences, Arts and Technology Foundation, and the prestigious Fernando Távora Prize from the Portuguese Architects' League.